WELLNESS CENTRE



Pilates - Yoga - Massage Therapy

Policies

Lynn Doyle, RMT

Cancellation Policy:

Please note that we have a 24 cancellation policy.

Notification is required 24 hours prior to the scheduled appointment time, otherwise you will be charged a late cancellation Fee. *Thank You for respecting our policy.*

New Clients

> health history forms to be filled for updated, accurate care

Massage Treatments

Wellness / Therapeutic Massage treatments include, but are not limited to:

- > swedish techniques for overal muscle kneading to reduce muscle tension, stress tension
- > techniques specific to treat injury or orthopedic condions, and as requested
- > cranial sacral therapy
- > superficial lymph drainage, prenatal /postnatal, pilates exercise modality

Insurance Billing

We will submit your insurance E-claim post treatment and payment to EMPOWER bodyconneX. Insurance companies reimburse the client directly, normally within 48 hours.

Treatment goals are directed by the client to best suit individual needs, talk to your RMT if you have questions All massage treatments facilitated by Registered Massage Therapists (RMT).

WELLNESS CENTRE



Pilates - Yoga - Massage Therapy

Policies

Stephanie Deschamps, RMT

Cancellation Policy:

Please note that we have a 24-hour cancellation policy.

Notification is required 24 hours prior to the scheduled appointment time; otherwise, you will be charged 50% of the appointment's fees. If an appointment is missed with no notification, the full price of the treatment will be charged. *Thank you for respecting our policy.*

New Clients

> health history forms to be filled for updated, accurate care

Massage Treatments

Wellness / Therapeutic Massage treatments can include, but are not limited to:

- > cupping therapy included in treatment
- > hot stone massage therapy additional \$20 onto treatment
- > kinesiology tapping first application is free, following applications is an additional \$10

Insurance Billing

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Treatment goals are directed by the client to best suit individual needs, talk to your RMT if you have questions All massage treatments facilitated by Registered Massage Therapists (RMT).